

# Haysville Senior Center– August 2024 Activities

MON	TUE	WED	THUR	FRI	SAT
			1 10:15am- STEPS	2 10:30am- Drumming 12:30pm– Shut The Box 1:00pm- Enhanced Fitness *Last Class With Joe!*	3
5 10:00am- Chair Yoga 1:00pm– Dominoes 2:00pm- Writing Craft	6 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 11:30am- Cake & Games with Abria/Dedicated Senior 1:00pm- Mexican Train	7 1:00pm- \$2 Bingo	8 10:15am- STEPS 10:45am- Sedg. Co. Historical Museum Outing 11:00am- Cards 1:00pm- \$2 Bunco 2:00pm- Alzheimer’s Support Group	9 10:30am- Drumming 12:30pm– Shut The Box 12:30pm- Food is Medicine Program  4:00pm- Deadline To Sign Up For Monthly Dinner	10
12 10:00am- Chair Yoga 1:00pm– Dominoes 5:00pm- Line Dancing	13 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 1:00pm- Mexican Train 1:00pm- KSU Fresh Conversations Program 2:00pm- Kansas Legal Services Presentation	14 8:30am- Donuts, Coffee & Conversation- Bring Your Idea’s To The Table! 1:00pm- \$3 Card Bingo	15 10:15am- STEPS 11:00am- Cards 12:30pm- Mobile Market 1:00pm- \$2 Bingo Sponsored By Haysville United Methodist	16 12:30pm– Shut The Box 6:00pm- Chicken Dinner	17
19 10:00am- Chair Yoga 1:00pm– Dominoes 5:00pm- Line Dancing	20 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 12:00pm- Alz. Lunch & Learn 1:00pm- Mexican Train	21  Game Room Closed! 1:00pm- Commodities	22 10:15am- STEPS 11:00am- Cards 1:00pm- SINGO with Bre	23 10:30am– Drumming 12:30pm– Shut The Box	24
26 10:00am- Chair Yoga Balance Class 1:00pm– Dominoes	27 9:00am- Health Screenings 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 1:00pm- Mexican Train 1:00pm- AARP Medicare 101	28 8:30am– Donuts, Coffee & Conversation Sponsored By Diversicare of Haysville 1:00pm- \$3 Card Bingo	29 10:15am- STEPS 11:00am- Cards 12:30pm– Crafting Club 1:00pm– \$2 Bunco	30 10:30am– Drumming 12:30pm– Shut The Box	31