

	Tue	Wed	Thu	Fri
				1 Ham salad 3 oz on a Bun Cream of celery soup 6 oz Crackers-2 pkg Broccoli 4 oz Apricots 4 oz Milk 1 cup
4. Chicken & cheese casse- role 8 oz Green beans 4 oz Mixed fruit 4 oz Garlic bread margarine Milk 1 cup	5 Mexican Pork stew 8 oz Hominy 4 oz Orange 1 each Cornbread/margarine Milk 1 cup	6 Goulash 8 oz Combination salad 6 oz Salad dressing Pears 4 oz Garlic bread Milk 1 cup	7 Oven fried chicken Mashed pot 4 oz/gravy Peas 4 oz Peaches 4 oz Wheat roll/margarine Oatmeal cake Milk 1 cup	8 Hamburger on a Bun with set up Potato wedges 4 oz Baked beans 4 oz Strawberries 4 oz Milk 1 cup
11 Veteran's Day	12 Swiss steak over Rice Combination salad 6 oz Pear 1 each Bread/margarine Milk 1 cup	13 Salmon noodle casserole 8 oz Three bean salad 4 oz Orange 1 each Easy fruit cobbler 4 oz Milk 1 cup	14 Turkey Slice 3oz Yams 4oz Green Beans 4oz Stuffing 4oz Cranberry Sauce 4oz Pumpkin Square Wheat Roll	15 Taco salad (meat 3 oz, lettuce, tomato, cheese, chips) Salsa Mexican rice 4 oz Banana Milk 1 cup Pineapple bread
18 Ham & beans 8 oz Potatoes & onions 4 oz Tomato salad 4 oz Apricots 4 oz Cornbread/margarine Milk 1 cup	19 Meatloaf Cabbage au gratin 4 oz Parslied carrots 4 oz Blushing pears 4 oz Wheat roll/margarine Milk 1 cup	20 Chicken salad 3 oz on a Bun Broccoli cheese soup 6 oz Crackers-2 pkg Pineapple 4 oz Milk 1 cup	21 Liver & onions in gravy OR Beef cutlet in gravy Cal- ifornia mash 4 oz/gravy Peaches 4 oz Bread/ margarine Milk 1 cup	22 Fish sticks with Tartar sauce Macaroni & cheese 4 oz Green beans 4 oz Ambrosia fruit salad 4 oz Milk 1 cup
25 Chicken & noodles 8 oz over Mashed potatoes 4 oz Pickled beets 4 oz Apricot crisp Milk 1 cup	26 Mexican lasagna 8 oz Refried beans 4 oz Corn relish 4 oz Apple 1 each Milk 1 cup	27 Cheese Pizza Combination Salad 6oz Banana Dressing Milk 8 oz	28 Thanks Giving Break	29 Thanks Giving Break