

HAYSVILLE SENIOR CENTER

LIVE YOUR LIFE & FORGET YOUR AGE!

MAY 2024 NEWSLETTER

WELCOME!

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[WWW.HAYSVILLE-
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LIKE US ON FACEBOOK!
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UPCOMING HOLIDAY

The Haysville Senior Center & Haysville Hustle will be closed on Monday, May 27th in observance of Memorial Day.

There will be no Meals on Wheels/Friendship Meals available.

MONTHLY DINNER

Moving forward, we are going to require that participants do not arrive for our 6:00 p.m. monthly dinner until 5:30 p.m. or later. Each month, we are seeing more people arriving from 4:45-5:00 and are opening food containers, drinking down the punches, taking dessert, moving decor, etc. Also from 5:00-5:30 staff is still preparing the warming pans and putting food out, so it makes it difficult when we have to check people in during this time.

We appreciate your understanding.
-Center Staff



GREAT THINGS ARE HAPPENING IN HAYSVILLE!



TACO

BAR

**Catered By
La Pasadita
From Haysville!**



STEAK | CHICKEN | ALL THE TOPPINGS!

Join Us For The Best Taco Bar Around!

Friday, May 10th | 6:00 P.M.

\$8.00 Per Person

Register By May 3rd At 4:00 P.M.

ANNUAL PLANNING COMMITTEE ELECTION

The Haysville Senior Center Planning Committee consist of (6) current members that are in good standing. The Committee meets once a month on the first Monday at 1:00 p.m. They assist with cooking the quarterly breakfast, some special events and are encouraged to bring recommendations to staff of activities that may be of interest to members.

If you're interested in serving on this committee, please contact Kristen or Cynthia by Friday, May 10th to be added to the ballot.

Ballots will be available from May 13th to 24th.

The six members who receive the most votes will be presented to Mayor Kessler for appointment at the June 10th City Council meeting.

Members serve (1) year terms. June 11, 2024 - June 9, 2025

*Only ACTIVE members may vote one time.
Please turn ballots directly into staff.*

FRENCH BRUNCH

at

• *La Galette*
French Bakery & Deli •

Thursday, May 23rd

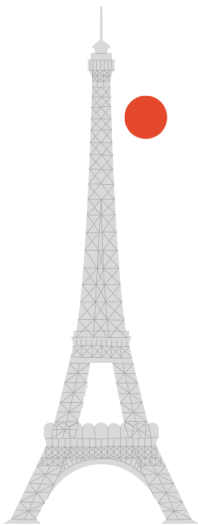
Leave SC at 9:30 a.m.

Return at 11:30 a.m.

Members can ride the Hustle for a \$1.00

Sign up by Tuesday, May 21st

If you decide to meet us there,
please let staff know so we can
update the reservation.



bonjour





Annual

Mother's Day Celebration

Saturday, May 4th | 11:00am

Lunch | Tea Party | Trivia Game

Wear Your Favorite Fancy Hat!

\$2.00 Per Person

**Our Members That Are Mother's May Bring
Their Children & Grandchildren!**

Advance Sign Up Required For All Participants.
Registration & Fee Due By Thurs. May 2nd at 4:00pm

Due To Limited Space, We Are Limited To 100 Participants

**Sponsored by
Insured With Jake**

May 23rd | 1:00 p.m.

Come Decorate Some Cute Spring Cookies!

Free To Our Members
Maximum Of 30 Participants

Sign Up Required By May 16th

*Cookie
Decorating
with Bre*



MASTER GARDENING CLASS

FRIDAY, MAY 24TH | 2:00 PM

No Charge To Current Members.

Learn The Best Gardening Practices
With This HANDS ON Class.

Limited Spots.
Sign Up By 5/22/24



SPRING WOOD PAINT CRAFT

Monday, May 13th | 1:00 P.M.

\$5.00- Members Only

**Pick A Sunflower or Butterfly To Paint
Class Is Limited To (5) Of Each
First Sign Ups Get The First Pick!**

**No Instructor To This Class- Just Come
Have Fun & Let Your Creativity Flow!**



 **BINGO** 
SPONSOR

 This month we have one sponsor of Bingo 

Via Christi Georgetown Village

May 1st | 1:00 PM
\$2.00 Per Person

Tanya With Via Christi Georgetown Village
Will Be Providing Snacks & Our Black Out Prize



**FARMERS
MARKET
VOUCHERS**

We will be receiving the Kansas Senior Farmers Market Nutrition Program vouchers soon! Seniors 60 years or older and within the income guidelines are eligible to receive (1) booklet worth \$50.00 of vouchers that can be used towards fruit, vegetables, herbs and honey at any participating Farmer's Market or Common Ground Mobile Market that visits our Senior Center. Vouchers are distributed on a first come, first serve basis. Vouchers can not be redeemed for cash. Check with staff to inquire about when vouchers will be available.





Cow Painting

Saturday, June 15th

10:00 a.m.

Limited To 40 Participants

\$10.00 Per Person

If The First Class Fills Up, We Will Consider A Second Class Right After Based On Demand.

Painting Instructed By "Paintings By Anne"



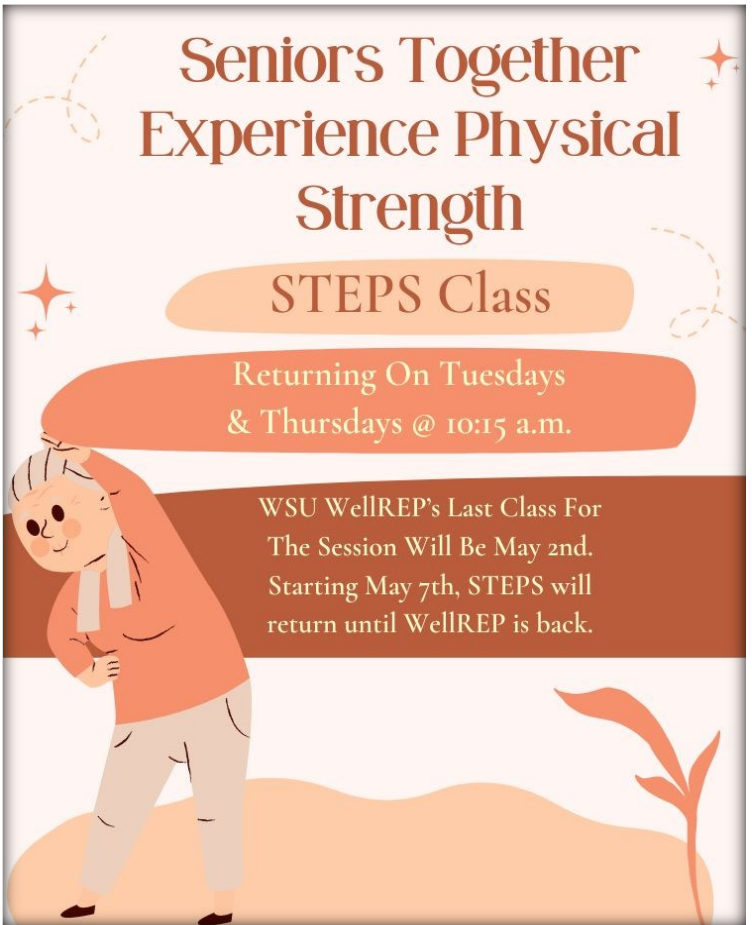

ICE CREAM SUNDAES

SPONSORED BY GOLDEN PLAINS CREDIT UNION

**WEDNESDAY, MAY 29TH
1:00 PM**

FREE ENTRY

SIGN UP BY FRIDAY, MAY 24TH



Seniors Together Experience Physical Strength

STEPS Class

Returning On Tuesdays & Thursdays @ 10:15 a.m.

WSU WellREP's Last Class For The Session Will Be May 2nd. Starting May 7th, STEPS will return until WellREP is back.

SEDGWICK COUNTY EXTENSION OFFICE

Fresh Conversations

About The Program

The Fresh Conversations curriculum is a FREE program provided by the Sedgwick County Extension Education Center. Fresh Conversations (FC) targets behaviors known to reduce chronic disease burden and promote healthy aging. It promotes healthier food and beverage choices across the food groups to move to move closer to Dietary Guidelines for Americans. Each lesson is 30-45 minutes and meets once monthly. Most lessons include a taste test to go along with the topic of the month. Each session is organized in a similar way and includes six sections to facilitate a group discussion, conversation, introduction, physical activity, tasting activity and a take action element.

MAY 21ST - CANCER: PREVENTABLE, NOT INEVITABLE

JUNE 18TH- ARE HEALTHY BONES IMPORTANT?

JULY 16TH - SUMMER CHECK-UP

AUGUST 20TH- FRESH HERBS: DON'T MISS OUT ON SUMMER FLAVOR

SEPTEMBER 17TH- HOW MUCH IS TOO MUCH?

PLEASE SIGN UP FOR EACH CLASS BY TWO DAYS PRIOR

Alzheimer's Association

Lunch & Learn

Thursday, May 30th- 12:00 p.m.

Registration with the Alz. Association Required

See Staff For More Details



ANNOUNCEMENTS FROM STAFF

CARD MAKING WITH DIANA HENLEY

Diana will be back on Tuesday, May 14th at 1:00 p.m. to provide us with another card making class!

Learn to make (3) personalized cards for only \$6.00.

You will pay Diana directly at this event.

Please sign up by Friday, May 10th

YOGA CLASS UPDATE

Our Yoga Instructor, Marianna Evans, will be having surgery so she will tentatively have to cancel Chair Yoga from May 13th - June 17th.

Marianna plans on returning for her normal 10:00 a.m. Yoga Class on Monday, June 24th. Please call us prior to confirm her return date.

KIDS AT BINGO

At our April 18th Bingo, staff took a vote to address some remarks that had been made to us regarding some members bringing grandchildren to Regular Bingo and Card Bingo.

We had 35 participants at Bingo on this date so we thought this would be an ideal time to have those participants vote. With a LARGE majority voting no, we are going to follow the wishes of our members and not have grandchildren at either regular and card Bingo moving forward. We will try to occasionally hold a special event to allow members to bring their grandkids.

We appreciate your understanding.

Senior Center Hours Of Operation

Monday-Friday
8:00 a.m.—5:00 p.m.

Haysville Hustle Hours Of Operation

Monday-Friday
8:00 a.m.—4:30 p.m.

Annual Senior Center Membership

\$5.00/Year | 55+
Renewal Due
Each January



Meal Planner

\$8 MAY DINNER **May 10th | 6:00 p.m.**
Sign Up By May 3rd | 4:00 p.m.

Taco Bar- Catered by
La Pasadita

JUNE DINNER **June 21st | 6:00 p.m.**
Sign Up By June 14th | 4:00 p.m.

Hamburger & Brats Meal

More Details In June Newsletter
The Straub Family has graciously had our Senior Center listed as the site for memorial donations for David Straub. The funds we received will be paying for all members meal at the June event. Sign up won't be available until June.

Reminder: June is when our monthly dinner will be moved from the 2nd Friday to the 3rd Friday.

Friendly Reminders

- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable or transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been purchased. After a deadline has passed, you may give your ticket to another member.
- Credit card transactions are now accepted for all programs, membership & rentals. Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- We offer two different Bingo games:
 - Regular \$2.00 Bingo
 - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (Email only, not residential mailing).
- We pride ourselves in obtaining a clean facility and having respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see Kristen or Cynthia with any questions.