

January 2022

SUN	MON	TUE	WED	THUR	FRI	SAT
2	3 10:00am- Chair Yoga 11:00am- Cards 12:30pm- Dominoes 12:30pm-Planning Committee 2:00pm- Billiards	4 10:00am- STEPS 10:30am- Billiards/ Shuffleboard/Darts 11:00am- Cards 12:30pm-Mexican Train	5 10:00am- Billiards/ Shuffleboard/Darts 11:00am- Cards 12:30pm- BINGO	6 10:00am- STEPS 11:00am Cards	7 10:30am-Drumming 11:00am- Cards 2:00pm- Billiards	8
9	10 8:50am-Braums Trip 10:00am- Chair Yoga 11:00am- Cards 12:30pm- Dominoes 2:00pm- Billiards	11 10:00am- STEPS 10:30am- Billiards/ Shuffleboard/Darts 11:00am- Cards 12:30pm-Mexican Train	12 8:30am-Donuts, Coffee and Conversation 10:00am- Billiards/ Shuffleboard/Darts 11:00am- Cards	13 10:00am- STEPS 11:00am Cards 1:00pm-Library Trip	14 10:30am-Drumming 11:00am- Cards 2:00pm- Billiards	15
16	17 Senior Center & Hustle Closed No Meals On Wheels/Friendship Meals	18 10:00am- STEPS 10:30am- Billiards/ Shuffleboard/Darts 11:00am- Cards 12:30pm-Mexican Train	19 1:00pm- Commodities Game Room Closed	20 10:00am- STEPS 11:00am Cards 12:30pm- BINGO	21 10:30am-Drumming 11:00am- Cards 2:00pm- Billiards	22 <i>Paint Pouring 10:30 & 12:00</i>
23	24 10:00am- Chair Yoga 11:00am- Cards 12:30pm- Dominoes 2:00pm- Billiards	25 10:00am- STEPS 10:30am- Billiards/ Shuffleboard/Darts 11:00am- Cards 12:30pm-Mexican Train	26 8:30am- Donuts, Coffee & Conversation 10:00am- Billiards/ Shuffleboard/Darts 11:00am- Cards	27 10:00am- STEPS 11:00am Cards 1:00pm- Library Trip	28 10:30am-Drumming 11:00am- Cards 2:00pm- Billiards	29 <i>Breakfast 8:30 Call For Confirmation</i>
30	31 10:00am- Chair Yoga 11:00am- Cards 12:30pm- Dominoes 2:00pm- Billiards		<u>*Drumming Seniors</u> is an upbeat exercise class! A video & music are used to beat the drum together.	<u>*STEPS</u> is an exercise class that emphasizes stretching and flexibility.		